



# PROVIDER ALERT

## The American Society of Addiction Medicine Criteria and Intensive Outpatient Utilization Management Update

December 20, 2018

Dear Provider:

Optum Idaho is dedicated to identifying strategies to make member services more accessible. With this goal in mind, the following changes to our review and authorization process for Intensive Outpatient (IOP) services will go into effect in January 2019.

As of January 31, 2019, the current *Optum Idaho Substance-Related Disorders(SUD): IOP Level of Care Guidelines* (LOCG) will be retired and the *Behavioral Health: Outpatient LOCG* will no longer apply to SUD services. Providers will continue to use the American Society of Addiction Medicine (ASAM) Criteria to determine medical necessity and guide SUD treatment for members.

The Idaho Behavioral Health Plan covers the following SUD treatments:

- Outpatient treatment (ASAM level 1.0)
- IOP Services (ASAM level 2.1)

Additionally, as of January 1, 2019, both Mental Health IOP and SUD IOP (ASAM level 2.1) will no longer require prior-authorization and providers will not be required to submit Service Request Forms for approval. All IOP requests submitted prior to January 1, 2019 will be reviewed for medical necessity with the current utilization management process.

The IOP Service Request Form will be removed from Optum Idaho's website January 31, 2019.

Providers must be credentialed to provide Mental Health IOP or SUD IOP services. For additional information, please contact your Regional Network Manager at 1-855-202-0983 ext. 5.

Thank you,  
The Optum Idaho Team